

Product placement — the differences

FA Active Play Through Storytelling*	YST Active Literacy CPD	Premier League Primary Stars
Suitable for non-teaching staff, playground leaders, lunchtime assistants etc	For teaching staff only	For teaching staff
Playground-based – to support delivery of lunchtime, break time and breakfast programmes	Classroom-based resource	Curriculum-based free online resources, for teachers to be upskilled in PE, PSHE, Maths and English
Non-curriculum learning	Curriculum learning	Curriculum learning
Specifically aimed at 5 to 8-year-old girls	Whole school	Whole School
Training delivered in schools by YST tutors (3-hour course)	Training delivered in schools by YST tutors	Online resource available – in-house self-guided learning, plus Premier League club linked to schools going in to support and upskill teachers (FA quality assured Premier League coaches)

Find out more  
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\*Formerly FA Active Literacy Primary Playgrounds



GIRLS' FOOTBALL SCHOOL PARTNERSHIPS



ACTIVE PLAY Through Storytelling



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What is it?

The FA Active Play Through Storytelling training course and supporting resources have been developed to support ‘the beginner girl’ aged 5 to 8 in developing their physical literacy, speaking and listening skills through the medium of creative play and storytelling. It is hoped that through the programme, these girls will grow in confidence which will lead to them becoming more physically active in the playground and engaging in a wider range of activities.

Over the course of the sessions, children will have the opportunity to achieve the learning objectives based on Key Stage 1 Literacy and PE with a focus on developing their fundamental movement skills and speaking and listening skills.

Developed by The Football Association in conjunction with the National Literacy Trust and the Youth Sport Trust, it is a 3-hour, non-assessed workshop involving theory and practical-based learning. Adult learners are taken on a journey to explore the benefits of play and fundamental movements to support the challenges young girls face when engaging with physical activity. They will start to understand the importance of bringing an environment to life through a story where a child is only limited by their imagination.

Who is this course for?

The recommended audience is school staff who support lunchtime play. This can be teachers, teaching assistants, lunchtime supervisors or other support staff. The programme is also suitable for teachers who want to cascade their learning on to playground leaders. Ideally the trained activator should be:

- 1. Able to understand and adapt sessions to individual need and ability;
- 2. Familiar with delivering a session plan;
- 3. Able to make the girls feel like they are in a safe environment;
- 4. Able to manage group dynamics and be comfortable with creative play;
- 5. Fun and creative and able to tell a story and bring it to life;
- 6. Able to engage the most disengaged.

Wider impact on schools

This is a fantastic, **FREE** opportunity for primary school staff to access new, creative and fun resources to help develop girls to become more engaged and inspired to participate in physical activity. With its ‘take home’ resource for each girl, parents and carers can use and reinforce the activities within the home environment, supporting the recommended daily target of 60 active minutes of play per day.

Training

The training will be delivered locally via a three hour training workshop including theory and practical-based learning. Organisation of the training will be led by the FA Girls’ Football School Partnership, with the Youth Sport Trust facilitating the booking system and tutor arrangements.

Assessing Impact

In order for us to assess the number of girls engaged in the programme, each school will be asked to submit their data three times over the course of the academic year – four weeks before the end of the autumn, spring and summer term.

Each school will need to give:

- The number of girls participating;
- The age, diversity and SEN breakdown of the girls;
- The number of girls trying football for the first time (a definition will be given at the training).

We are also coordinating an independent evaluation of the programme. The researchers will select a representative group of schools to work with across the academic year.

Benefits

For the school/deliverer:

- Confidence and competence to deliver high-quality active play that is engaging for girls;
- Understand how to deliver creative, fun and engaging physical activity sessions for girls;
- Access to ready-made resources to help children achieve the recommended target of 60 active minutes per day;
- Opportunity to engage parents and carers to use the activities within the home environment;
- Ensure the inclusion of all young people.

For the girls:

- Become more engaged and inspired to participate in physical activity, and improve their speaking and listening skills;
- Improve locomotion (agility), stability (balance), object control (coordination), body confidence and positive body image;
- Develop character traits (i.e. resilience, empathy, aspiration);
- Develop confidence and a long-term positive relationship with being physically active.

