

# Teach Active / Youth Sport Trust CPD

## Active Maths

**Audience: Class Teachers and Senior Leaders.**

The session explores the benefits of introducing physical activity into the maths curriculum. Teachers will look at research and evidence, as well as being able to hear about how UK schools have used this approach to further improve attitudes to learning, whilst also driving up attainment.

Teach Active/Youth Sport Trust have delivered this CPD to thousands of teachers and have had a huge impact in schools across the UK who use this alongside (and to complement) their existing planning.

Teachers/SLT will also be introduced to the online website 'Teach Active' – a nationally praised and multi award winning resource which provides teachers with 2000+ lesson plans/resources on how to deliver the maths curriculum through physical activity. All teachers will be given a free trial for their school.

“Fun and active ideas which can be incorporated into maths. It has left my staff feeling invigorated and inspired”  
Gemma Harvey, Headteacher, Longstone Primary School

“In our first year we had a 21% increase with our maths results”  
Nicola Booth, Headteacher, Gwladys Street Primary

“Holy Family Catholic Primary School achieved their best ever maths results...being placed in the top 5% of maths results nationwide”  
Extract from Parliamentary Review 'Outstanding Practice in Education'

This workshop is a half day workshop (am/pm). Shorter bespoke sessions available for conference

## Active English

**Audience: Class Teachers and Senior Leaders.**

An opportunity for English leads/class teachers/SLT to explore how physical activity can impact on children's love and progress within English. The course is both theory and practical and will demonstrate how teaching aspects of sentence, punctuation, text, handwriting, spelling and word work can all be done through move and learn techniques.

The course has been written in conjunction with national English consultants and will support schools in the delivery of the primary English curriculum. As part of the course, teachers will gain access to a free trial of the online resource 'Teach Active – English' which provides teachers with plans/resources on how to deliver the English curriculum through physical activity.

\* This is a new course for 2019/2020 and has come as a result of the UK success of the Active Maths CPD delivered by Teach Active and the Youth Sport Trust.

“We are delighted to announce the launch of 'Active English'. Not only will this support schools in developing a more active school day, it will also drive up standards in English within your school. As an English teacher for 20 years, this has a particularly important place in my heart. We hope you love it as much as we do!”  
Stuart Kay, Schools Director, Youth Sport Trust

This workshop is a half day workshop (am/pm). Shorter bespoke sessions available for conference

## Active Maths and English

**Audience: Class Teachers and Senior Leaders.**

This workshop looks at the evidence, research and UK wide school impact of introducing physical activity in to both English and maths lessons. Schools across the UK are using Active Maths/English, alongside their existing planning and schemes, in order to improve attitudes and attainment in these core subjects.

The session is both theory and light practical and will allow class teachers to explore different games/techniques and discover how they can easily be incorporated in to their daily/weekly timetable.

Teachers/SLT will also be introduced to the online website 'Teach Active' – a nationally praised and multi award winning resource which provides teachers with 3000+ lesson plans/resources on how to deliver the maths and English curriculum through physical activity. All teachers will be given a free trial for their school.

“What a brilliant workshop! Fun, informative, challenging, thought provoking, fast paced and lively. Everything teachers want!”  
Janice Price, Rural Derbyshire Schools Partnership

“In our first year we had a 21% increase with our maths results”  
Nicola Booth, Headteacher, Gwladys Street Primary

“Not only will this support schools in developing a more active school day, it will also drive up standards in English within your school.”  
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